



# WELCOME TO TAMPERE. FINLAND



**Most attractive  
residential destination  
2025**



**Most recommended  
student city  
2025**



**TAMPERE.**  
FINLAND

**Most popular  
city travel destination  
2025**

# THE PEOPLE OF TAMPERE

Largest  
age group  
**25-29  
yrs**

**5,000**  
new residents  
each year

Foreign  
citizens  
**7.5%**



**15-20 %**  
of newcomers stay  
in Tampere at least  
10 years

263,446 residents  
**274,036 by 2033**

## Why Tampere?

- A relaxed and easy-going atmosphere.
- Cost-effective housing opportunities.
- Ongoing development and renewal of residential areas.
- Easy to move from place to place on foot, by bike or public transport.
- Plenty of activities and events to participate.
- A beach always just a bike ride away!

# INTERNATIONAL COMMUNITY

**84**  
nationalities

**29,500**  
non-Finnish  
speakers  
(12/2024)

**100**  
languages

# TAMPERE IS A CITY OF NATURE AND SPORTS



Tampere is the  
cradle of Finnish  
ice hockey (1926).

Home to **Ilves** and  
**Tappara** and the  
**Finnish Ice Hockey  
Museum** at Vapriikki.

Photo: Visit Tampere / Anssi Takala

## Enjoy the city in every season!

Scenic trails and parks in  
addition to more than 160  
lakes, perfect for hiking,  
biking, skiing, swimming  
and more.

### Did you know?

Borrow e.g. games,  
musical instruments,  
sport equipment in  
our libraries!

+ 690 km of  
cycling lanes\*

[Click and check  
our cycling maps!](#)



Do you have a "**harrastus**"?  
[Find yours here!](#)

[Check the activities calendar!](#)

Photos: Visit Tampere / Laura Vanzo



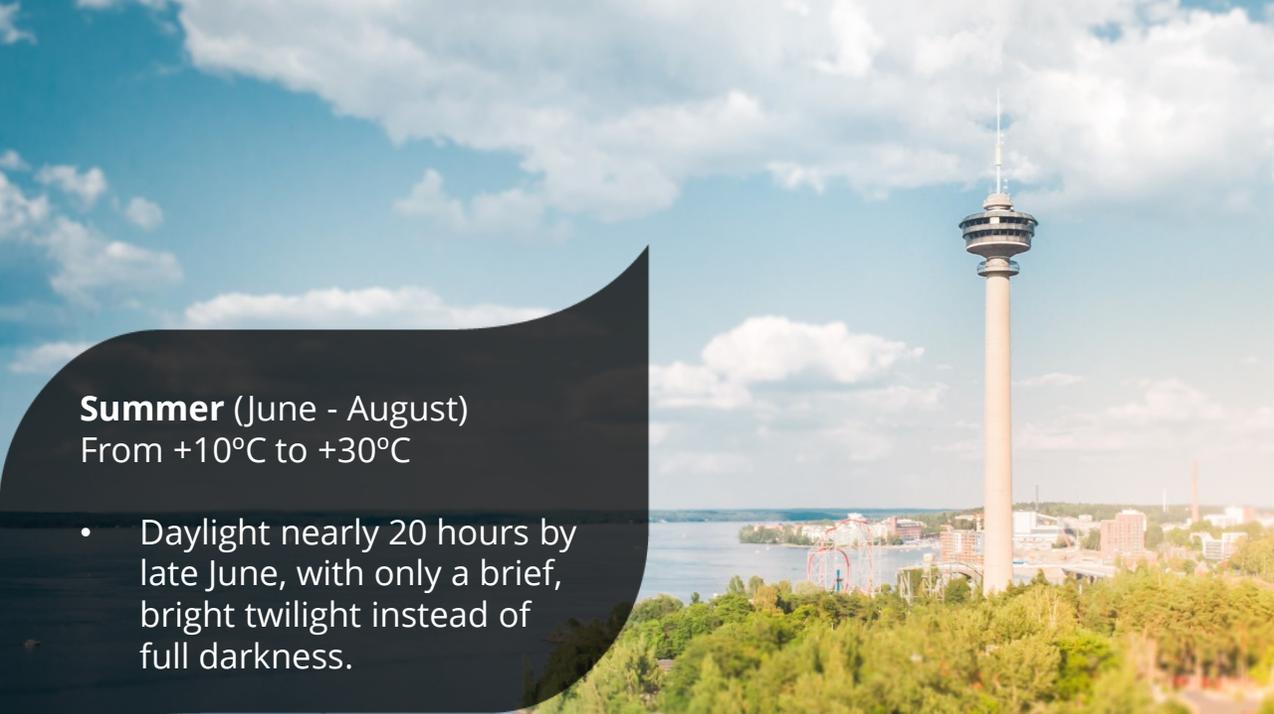
**Winter** (December – March)  
From -3°C to -30°C

- The darkest days – with approximately 5h-ish of daylight on late December.



**Spring** (April – May)  
From -9°C to +15°C

- Trees and flowers pollen are high during this season.



**Summer** (June - August)  
From +10°C to +30°C

- Daylight nearly 20 hours by late June, with only a brief, bright twilight instead of full darkness.

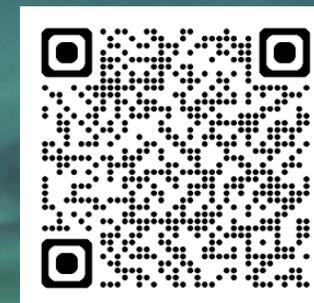


**Autumn** (September – November)  
From +2°C to +15°C

- Best season to hunt northern lights and enjoy "ruska" - autumn foliage with its vibrant colors.

# NORTHERN LIGHTS - REVONTULET

Webcams from  
Tampereen Ursa RY



Forecast available at :



ILMATIETEEN LAITOS  
METEOROLOGISKA INSTITUTET  
FINNISH METEOROLOGICAL INSTITUTE

# TAMPERE: A CITY READY TO INSPIRE YOU



## Tampere Hall

is the largest conference and concert centre in the Nordic countries.

Photo: Visit Tampere / Laura Vanzo

From music, theater, museums to festival and international events – we have it all!



In Tampere, culture is for everyone.

Explore cultural content and events **free of charge.**



Check upcoming events at the **Tampere Event Calendar!**

## Nokia Arena

is the first city centre arena in Europe - with capacity for **15,000** people.

Photo: Skyfox / Marko Kallio

## Children's Cultural Centre Rulla

Welcome to **Spring's Multicultural Family Club** on Wednesdays from 14 January to 6 May at 10 am-12 pm. Program includes music, playing, art, stories and fun visitors.

[Click and check Rulla's activities and opening hours!](#)

### Did you know?

Tampere is the hometown of the **World's Moomin Museum**



MUUMIMUSEO

MUMINMUSEET / MOOMIN MUSEUM / ムーミン美術館 / МУЗЕЙ МУМИ-ТРОЛЛЕЙ



### Top children's museums:

- Moomin Museum
- The Natural History Museum (Vapriikki)
- Finnish Museum of Car and Road (Mobilia)
- National Police Museum
- Spy Museum

# SAUNA CULTURE

Tampere has been the **Sauna Capital of the World** since 2018. In the region, you'll find nearly 70 public saunas heat up year-round!



Finland's oldest still-operating public sauna, open since 1906.

**Do you know its name?**

It's the Rajaportti Sauna, in Pispala!



Finns love this chilly activity in winter. **What do Finns call the refreshing winter activity of dipping into icy water after a hot sauna?**

- a) Lumiukko (snowman)
- b) Avanto
- c) Pilkkiminen (ice fishing)
- d) Jääkiekko (ice hockey)



**YES, WE MAKE  
BUSINESS HAPPEN.**

# Tampere is one of the **fastest-growing** and developing urban **region in Finland!**

- Great availability of trained and skilled workforce
- Central location
- Close connections to institutes of higher education



**THE REGION'S LEADING INDUSTRIES** are manufacturing, intelligent machines, automation, AI and analytics, health technology, circular economy and cleantech.



**EMERGING INDUSTRIES** include gaming, automotive, nanotechnology, creative industries, among others.

We are one of the most active **start-up cities** in Finland.



45% of startups use English as main working-language.

Tampere has

**14**

**ecosystems**

for open and smart collaboration.

# INTERNATIONAL HOUSE TAMPERE

## Single service point

for supporting internationals with living, working, studying and connecting with local employers, organizations and education providers.

[internationalhouse.tampere.fi](https://internationalhouse.tampere.fi)





**TAMPERE**



**Internationals  
interested in living,  
working, studying or  
entrepreneurship  
in Tampere**

**Companies interested  
in recruiting or  
seeking guidance in  
hiring internationals**

**Jobseekers  
Students  
Employers  
Spouses/Families  
International startups**

**Customers outside  
the workforce**

**People receiving  
international  
protection**

**WHO ARE  
WE FOR**

# WHAT DO WE DO

**Help internationals  
settle and stay in  
the region —**  
Integrating, living,  
working, studying,  
and networking  
with employers

**Promote  
Tampere as an  
internationally  
attractive place**

**Support  
employers in  
hiring  
international  
talents**

**Offer a one-stop  
shop for companies  
and internationals  
– services, activities  
& events**



## Relocation guide to Tampere

Welcome to Tampere!

Tampere Region (locally known as Pirkanmaa) is located in the heart of Finland and is the second-largest city region in the country, with around 500,000 residents. It is one of the fastest-growing regions, known for its high level of expertise, and home to several key industries, particularly in the technology sector.

Tampere is an international and inclusive city, consistently rated as the most attractive in Finland for tourism, living, and studying. The city is constantly evolving yet remains cosy, with a vibrant but laid-back atmosphere. Tampere is famous for its industrial history, rock music, black sausage, and being the sauna capital of the world.



**Moving to Tampere**



**Living**



**Working**



**Higher/Vocational Students**



**Leisure**



**Coming with a Family**

# Online guide for Tampere residents

A simplified, easy-to-follow guide to help you move and integrate in Tampere.

**Access Tampere's Relocation Guide!**



# Multilingual guidance

**General information, counseling and guidance** on living, studying, working in Tampere region for internationals.

**The service is provided in 8 languages!**

- Multilingual Guidance as *informal* integration support & "cultural mediator", "bridge builder"

**Free and low-threshold information!**

Walk-in, phone, appointment  
(incl. MS Teams) or email:  
[iht.monikielinen@tampere.fi](mailto:iht.monikielinen@tampere.fi)



Find out more:



# Entrepreneur and Startup services

- Get to know entrepreneurial pathways
- Discover entrepreneurial communities & hubs
- Guidance on how to find technical information about your business domain and permissions
- Support with guidebooks, tools and templates
- Learn about entrepreneurial programs and services

**Book a free  
online meeting**



**What about discussing  
more in a one-to-one  
online meeting?**

# Talent Advisor Services

Employment search support for **job seekers** and **university students** living in the Tampere region.



## Career Guidance

Do you need coaching in planning your career?

Would you like to match your skills and experience to a new range of opportunities?



**Book an online video consultation for career guidance**

## Career Boost Workshops

Do you need tips to succeed in the Finnish job market and ideas for improving your cv and cover letter?

Group workshops monthly at the International House Tampere.

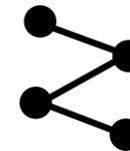


**Read more and see upcoming dates!**

## Talent Advisor Job Search Service

Do you have a clear search focus?

Do you need support with your job search in the Tampere region?



**Book an online video consultation for the Job Search service!**

TAMPERE.  
FINLAND

# PUHUTAAN SUOMEA!



The best way to  
learn is by  
**practicing!**

**Learn Finnish!**



- Language barrier is a common challenge when arriving in a new country.
- Authorities and government **cannot** force companies to operate in English as Finland's official languages are Finnish and Swedish.
- Requirements of language skills vary according to each sector, regulated professions and needs of companies' customers.



**Learning Finnish depends on individual's skills and motivation.**

## **Immersive opportunity:**

In addition to courses, living in Finland gives you the possibility of learning by volunteering, joining multicultural events and speaking with natives.

Explore content from music, podcasts, books (selkokieli/selkosuomi), series and tv shows!



## PUBLIC ORGANISATIONS



**TAMPERE**



DIGITAL AND  
POPULATION DATA  
SERVICES AGENCY



**VERO  
SKATT**

**Kela**



The Wellbeing Services  
County of Pirkanmaa

## SOCIAL ORGANISATIONS



**TAMPERE**

Cultural Services and  
Library Ambassadors

**BLOOM**



**TRIBE  
TAMPERE**

**Punainen Risti**  
Tampereen osasto



**MANNEHEIMIN  
LASTENSUOJELULIITON**  
Tampereen osasto



# Download the Tampere.Finland app for:

- Discounts
- Public transport timetables & info
- Mobile library card
- Event calendar

And more...



PLAY STORE



APPLE STORE



# INTERNATIONAL HOUSE TAMPERE



[Internationalhouse.tampere.fi](https://internationalhouse.tampere.fi)



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